



***Caring Together, Living Better:
Empowering Caregivers Through Trusted
Voices***



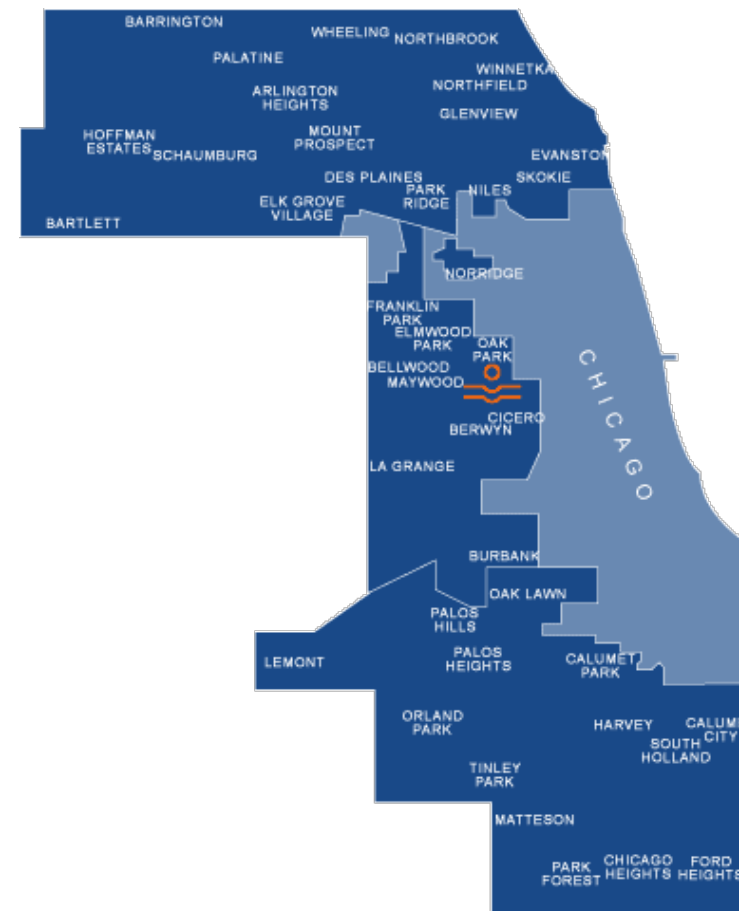
AgeOptions is the Area Agency on Aging (AAA) for suburban Cook County, Illinois

- Incorporated as a 501(c)(3) non-profit in 1974

The older adult population in suburban Cook County :

- **613,589** older adults and **248,468** caregivers reside in suburban Cook County
- **15%** are limited English Speaking

Our mission is to innovate, partner and advocate to improve systems and services in order to strengthen communities so **people thrive as they age.**



Caring Together, Living Better (CTLB)

- Network of faith-based and community organizations in the West suburban Cook County area dedicated to supporting **African American** and **Hispanic/Latinx** caregivers and older adults
- In recognition that people were **not self-identifying** as family caregivers and the **importance of faith institutions**



**Caring Together,
Living Better** 
by AGE PTIONS.

Caring Together, Living Better



by AGE PTIONS.

CTLB's Mission:

To ***support*** and ***empower*** caregivers by partnering with faith and community-based organizations to provide resources, education, and connection opportunities.

CTLB partners– our active grantees:

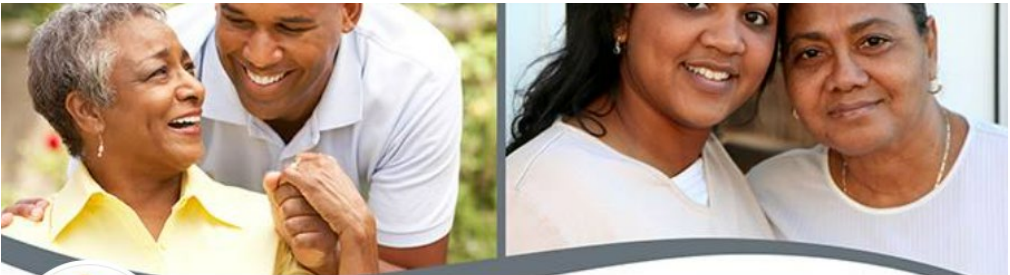
Rock of Ages Baptist Church


Neighborhood United Methodist Church

Quinn Center of St. Eulalia

Cicero Area Project

New Hope Christian Center





Caring Together, Living Better
@Caring2gether · Social Service


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Caring Together, Living Better
March 29 at 3:02 PM · 🌐




Empowering people to thrive as they age.


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Support Resources
Connect with the types of support you need.



Services and Programs
Our initiatives and assistance.




About A
Our purpose



Caring Together, Living Better
A Project of Age Options

Caring Together, Living Better
CTLB)

Vest suburban faith and community based organizations
rovide services to support low-income African-American and
atinx caregivers.



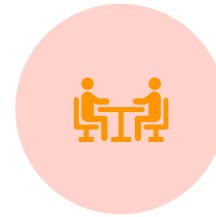
Support we provide our faith-based partners:



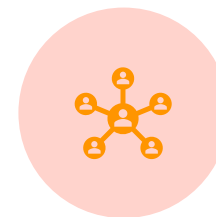
TECHNICAL
ASSISTANCE



COLLABORATIVE
GROUP MEETINGS



ONE-ON-ONE
MEETINGS WITH
PARTNERS



CONNECTIONS TO
AGING NETWORK AND
RESOURCES



Program Highlights and Impact

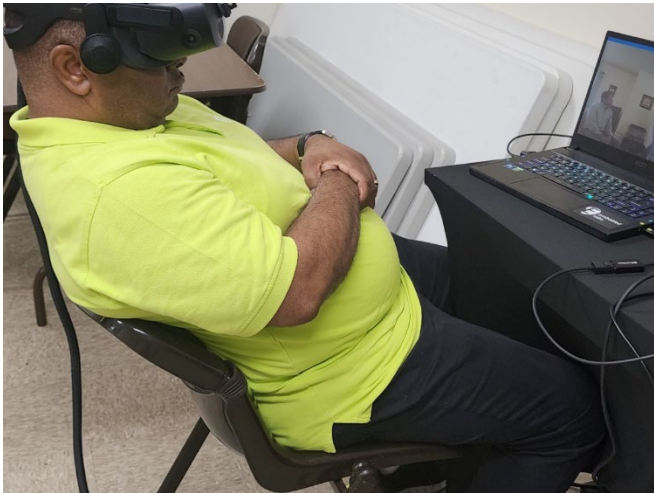
Total Number of Caregivers and Participants

- FY2022
 - Number of Caregivers Reached: **234**
 - Total Number of Participants: 1,249
- FY2023
 - Number of Caregivers Reached: **320**
 - Total Numbers of Participants: 1,307
- FY2024
 - Number of Caregivers Reached: **472**
 - Total Number of Participants: 1,300

Stories

- “You have a true passion for Caregiving, Dementia, and sharing all the resources that you have under your umbrella. You love and have passion for caregivers and seniors in community, and that is such a BLESSING. It's because of you that I joined the Caregiver's Ministry in February 2025 at my church.”
- “I wish I had your heart; you have such a huge impact on people, you create a safe space for all of us.”
- Caregiver said, “this means more than you know.” He began to attend events even though he was not a caregiver anymore, he appreciated the support and companionship.







Hear From Our Partners!

**Caring Together,
Living Better**



by AGE  OPTIONS.

Caring Together, Living Better



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**Thank you and stay
in touch!**

Cynthia Ayala,
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